



Blairvadach
Bytes

Frisbee Golf

What do I need to know?

What do I need?

A frisbee, any will do but if you want to take it seriously you can get different types of discs. Putters, midrange and drivers all behave in different ways to make it easier for you.

What are the rules?

Basically the rules are very similar to real golf. Throw your frisbee from the “Tee” to the “Hole” and count the number of throws it takes you to get it in the “hole” (disc catcher). The person who uses the least number of throws wins the game.

Check out our YouTube video for more information on how to play.

Where can I get more information?

The [Glasgow Disc Golf Club](#) has a great website that is full of information on local events and hosts the maps of the Glasgow.

[DiscGolf.com](#) is full of information and top tips on how to play this great fun sport.



The Home
of Free
Disc Golf

Where can I play?

Rosshall Park is right next to Rosshall Hospital, it hosts a great fun 9 hole course which is perfect for beginners.

The ARC course is right beside Ashgil Recreation Centre in Milton (Glasgow). It hosts a fun 6 hole beginners course.

Ruchill Park hosts a challenging 9 hole course with plenty of variety on offer for all players. There is also the option to hire discs for just £1 from [Comet Pieces](#) (just a 10 min walk away).

The **Springburn Park** course is a massive 18 holes and offers a real challenge to all players. With raised disc catchers and plenty of water hazards (don't forget your fishing nets).



Don't worry if your not anywhere near one of these courses. You can play at your local park or even in your garden. You can use lamp posts, trees, benches, signs or just use your imagination to create your own course to challenge yourself, your family and your friends.



Springburn Park



[Click here to see the
YouTube video](#)

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