



**Blairvadach
Bytes**

Pancakes in a bottle

Traditionally made on Shrove Tuesday, pancakes are a way of clearing out the cupboard of perishables before fasting for Lent.

This recipe is for 1 portion of pancakes and can easily be doubled, tripled or quadrupled to suit numbers.



- **Start with an empty 500ml bottle**
- **Funnel in the dry ingredients**
100 grams plain flour
25 grams sugar
1 tsp baking powder
a pinch of salt
- **Then add the wet ingredients**
1 large egg
125ml milk
1.5 tsp of oil
- **Make a small, responsible, controllable, 'Leave no trace' fire and fry until golden brown**
- **Alternatively, use a frying pan on a kitchen hob, flipping occasionally**

